



## IFSO-EC Pre-Congress Course 2

### High volume fast track surgery: Live operations organised by The Icelandic Society for Metabolic and Bariatric Surgery (ISMBS)

**Date:** Wednesday June 1, 2016

**Time:** 12:30 – 15:30

**Faculty:** Dr. Hjortur Gislason MD, PhD. Consultant Metabolic Surgeon  
Dr. Bent Johnny Nergaard MD, Consultant Metabolic Surgeon  
Dr. Hedin Jacobsen MD, PhD. Consultant Metabolic Surgeon  
Dr. Ebrahin Aghajani MD, PhD. Consultant Metabolic Surgeon  
Dr. Carsten Vilstrup MD, PhD. Consultant Anaesthetist

Mr Show Summers MD, FRCS moderator  
Dr Mikael Ekelund MD, PhD. moderator

**Program:** Live operations from Aleris Metabolic Surgery Unit in Kristianstad, Sweden.

**Topics:** Fast track metabolic surgery in a high volume centre – safe and efficient use of resources.

1. Lönroth ante colic, ante gastric Roux en Y Gastric Bypass with linear staplers.
  - two specialist surgeons working together to increase efficiency and safety
  - creation of “ floppy “ JJ anastomosis
  - closure of mesenteric defects with hernia staplers in 2 minutes.
  - efficient use of theatre time with max 12 min “change over time “
  
2. Sleeve Gastrectomy
  - complete mobilisation of stomach
  - posterior repair of crurae if hiatus hernia is present
  - two specialist surgeons working together to increase efficiency and safety
  
3. Long limb Roux en Y Gastric bypass in a Super obese patient.
  - all three limbs , BPL, Al, CL measured
  - two specialist surgeons working together to increase efficiency and safety

On completing the course delegates will be able to understand the principles of organising safe and efficient use of resources in fast track, high volume metabolic surgery unit, by utilising team work of surgeons, anaesthetists and theatre personnel working in harmony, guided by tested protocols.



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European Chapter